

## discovering recovery

A HEALTH AND WELLNESS COMMUNITY



Take a beautiful voice – a voice that has backed up the likes of Rod Stewart, Bette Midler and Barbara Streisand and combine that with a powerful message of hope and prosperity and you have a guaranteed winner. Nashville based Ester Nicholson brings to her audiences the inspiring example of her life’s journey.

Having appeared on the Oprah Winfrey Show, The View and the Eileen DeGeneres Show, she is a **Motivational Speaker, Workshop Facilitator, And Inspirational Recording Artist**. Ester Nicholson is inspiring audiences with her stirring keynote addresses, moving concert appearances and life-changing seminars. Ester brings her story to life through the power of her music and the spoken word. You will learn

- How to center yourself through prayer, meditation and the power of forgiveness.
- How to heal the core wounds and false beliefs that hold the old stories in place
- Create a clear-healthy self-image through visualization and reconnection to Spirit

Ester's CD “Child Above the Sun” is stirring up quite a bit of excitement. It was selected at Soultracks.com as one of the Top 10-highly recommended, and has recently been picked up by Agape International’s recording label, AMI. With titles such as “Make Me Stronger” and “What Would Love Do Now,” the CD is not only entertaining, but healing and transformational. She is currently teaching and writing her book entitled “12 Keys To Freedom” which was created out of her own spiritual experience and commitment to the realization of wholeness. She shares with audiences her abused childhood and her recovery from a drug and alcohol addiction.

She takes you on a journey through the tremendous struggles, and the practicing of spiritual principles that have transformed her into the dynamic speaker and artist that she is today. Her story, her music and her words will leave you totally inspired with a renewed sense of hope, a better understanding of how to apply spiritual principles to every area of your life, and a stronger connection to your infinite possibilities. Let her touch your soul through her message, her experience and her music.

To learn more about how Ester can assist you and your organization email [info@discoveringrecovery.com](mailto:info@discoveringrecovery.com)