

## discovering recovery

A HEALTH AND WELLNESS COMMUNITY



As a nationally qualified member of the Canadian Association of Professional Speakers, Jeff has spoken to audiences across Canada, USA, Iceland, Scotland, England, Sweden, Peru, and Puerto Rico, on behavioural health.

Recognized for his expertise in addictions he is an advisor to the Canadian Centre for Substance Abuse and a sought after consultant. He is the founder of the High on Life program brought the Recovery Awareness Month into Canada.

With a keen interest in workplace policy and workforce development, he inspires people to change. Over his career in addictions and corrections he has witnessed many changed lives. He brings to every speaking engagement not only theory but stories of his own journey from addictions. His main Keynote is Addictions: A Gateway to a New Life.

Jeff has been a recipient of the Courage to Come Back Award presented by the Centre of Addictions and Mental Health recognizing his journey.

To learn more about how Jeff can assist you and your organization email [info@discoveringrecovery.com](mailto:info@discoveringrecovery.com)

Discovery Recovery is dedicated to reducing the harm of substance abuse and other risky behaviour, through developing resiliency within our youth.