

discovering recovery

A HEALTH AND WELLNESS COMMUNITY



Discovering Recovery provides outstanding speakers. As the recipient of the Outstanding Addictions Professional Award Paul Radowski is exactly that OUTSTANDING. The prestigious award granted by the International Association of Addiction & Offender Counselors recognized Paul as an addiction/mental health expert.

Paul created the first online all addictions recovery program and has considerable experience in overseeing the start up of wholistic residential treatment centres, including recruited by the government of Canada to initiate programs and supervise mental health and addiction specialist in some of the most northern and remote areas of the world.

As a concert pianist he knows how to reach his audience. One of his favourite sayings is “*An Inspired Path Is an Enlightened One*”. Rest assured that Paul will inspire and enlighten your audience.

Paul holds a degree in Psychology and a Masters degree specializing in Marriage & Family Therapy. In addition to his extensive work in Addiction, he has consulted with numerous agencies, hospitals and treatment settings working with groups, families and individuals as a Family and Marriage Therapist, Crisis Counselor and Trauma Specialist.

Creating a synthesis of styles by using evidence based theories and techniques from various therapeutic disciplines including the latest in neuroscience research and energy psychology; he has helped countless individuals overcome their mental health, trauma issues and addictive tendencies to recover to a place of optimal health. He is an individual who makes it his life mission to continually learn and grow both personally and professionally.

To learn more about how Paul can assist you and your organization email info@discoveringrecovery.com