

## discovering recovery

A HEALTH AND WELLNESS COMMUNITY



Laughter is the best medicine and the Doctor is in the house. Deb Lloyd not only leaves her audiences feeling better about themselves and their lives, she gives them tools to take back to their work, home and neighbourhood environments.

Deb is a professional speaker and educator who uses humour to relate to topics that inspire learning, through the sometimes challenging aspects of life.

Deb is trained in theatre arts and has performed internationally as a story teller and mime artist. She has given keynotes and workshops to such diverse groups as;

Region of Waterloo Home Child Care Conference  
Early Childhood Education Conference  
Optometrist Conference – University of Waterloo  
Kitchener Waterloo/Cambridge School Boards – Children’s Performer

*Here is what others say about Deb.*

*Without a doubt Deb Lloyd is one of the funniest speakers I have ever met. She has the incredible ability to connect with her audience and gets through to them through humour and genuine passion. Staff leave her sessions invigorated, inspired – with a smile on their face (W. Roy Weber, Executive Director, Corporate Service clubs of Canada)*

*Absolutely Fabulous - Very Funny and Engaging – Inspirational (Audience Feedback, Quality Child Care Initiative 6<sup>th</sup> Annual Conference)*

To learn more about how Deb can assist you and your organization please email [info@discoveringrecovery.com](mailto:info@discoveringrecovery.com)