

## discovering recovery

A HEALTH AND WELLNESS COMMUNITY



WOW. Want to go from Woe to Wow? Want to have your audience say Wow that really moved me? I really feel more confident having heard her? Then Patricia Morgan is the keynote speaker you want for your next event.

She has authored five books, has been honoured by the Canadian Association of Professional Speakers. CTV and the YMCA.

Patricia Morgan is an author and expert in strengthening personal resilience. Presenting to thousands of people each year, she is an international speaker with a Master's Degree in Psychology. When you get Patricia you get practical how-to's that decrease self-doubt, stress and miscommunication while increasing vitality, joy, productivity and workplace satisfaction. Plus she delivers her message in a fun, insightful and uplifting manner.

All of us will have times as persons and even as organizations when we need to bounce back. As The Bounce Back Expert, Patricia confidently affirms, '**You're stronger than you think.**'

The title of her books are Love Her as She Is- She Said –Alberta Women Said – Light Hearted Approach - Frantic Free – Woe to Wow. Check out the author section of this site.

To learn more about how Patricia can assist you and your organization email [info@discoveringrecovery.com](mailto:info@discoveringrecovery.com)